

## **THREE AGES GROUPS TO MEET ALL YOUR CHILD'S NEEDS:**

### ***Little Dragons (3-5 years old)***

Your child will learn how to listen and show respect and improve their co-ordination and balance in a fun filled, games based environment!

### ***Little Ninjas (5-7 years old)***

Your child will start to learn the discipline and respect that goes along with Martial Arts training, in a non-contact, controlled yet exciting atmosphere that will motivate and inspire!

### ***Youth Karate (7-13 years old)***

In this course, your child will be starting to learn more in-depth self-defense techniques as well getting the confidence and focus that a true martial artist has. We focus on building leaders in our community that will be able to handle any of life's challenges!

**Your child will learn  
respect, discipline and  
confidence while  
having fun, getting  
exercise and learning  
a lifelong skill!**



***Call today to reserve your spot in our free introductory classes!***

**613-831-8085**